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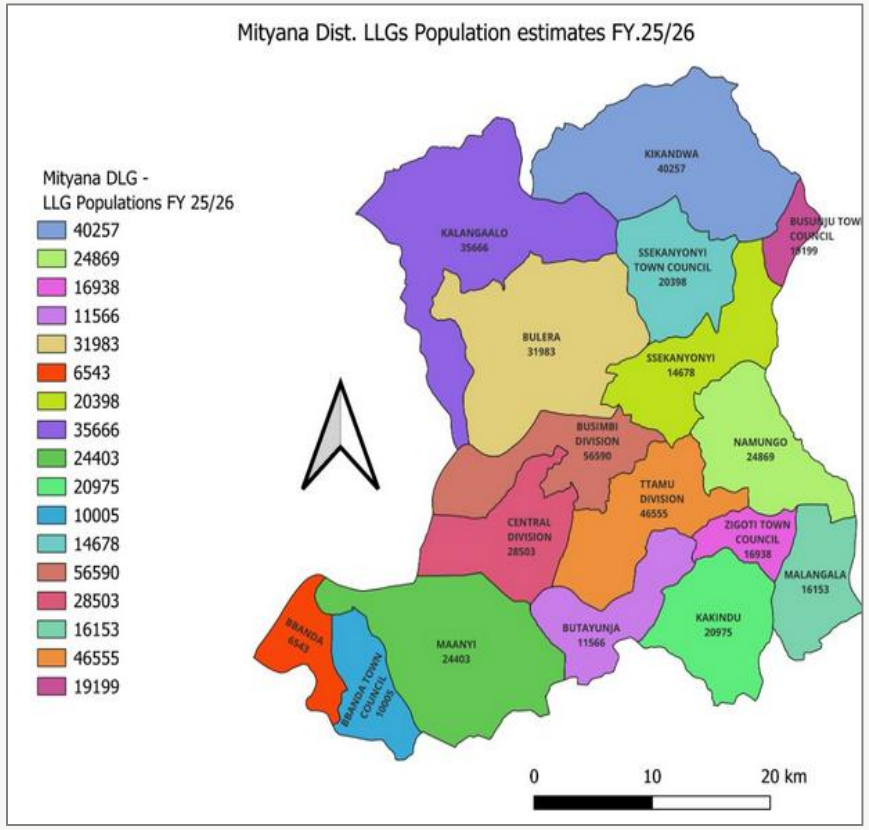
Mental Health Services in Mityana District

District data and performance review · Review period July 2025 – June 2026

presented by Justine Ssekanjako Nampijja
District Health Team, Mityana District Local Government

October 2026

48 of 74 health facilities handle mental health cases



Mityana District · 4 health sub-districts, 2 counties, 10 sub-counties, 1 municipality with 3 divisions and 4 town councils

Ownership	Hospitals	HC IV	HC III	HC II	Total
Government	1	3	14	19	37
PNFP	0	1	14	8	23
PFP	0	0	8	6	14
Overall	**1**	**4**	**36**	**33**	**74**

48
facilities handling mental cases

26
sites offering ART & TB services

21
fully functional laboratories

23
facilities supported by Baylor

SECTION 01

The picture in numbers

Reporting coverage, mental conditions and neurological disorders, FY 2025/26

HIGHLIGHTS, FY 2025/26

Two in three facilities report mental cases, served by six skilled officers

66%
of facilities report mental cases into DHIS2 (49 of 74)

13%
of outpatient attendances presented a mental illness

8%
of mental cases were people under 25 years

6
psychiatric-skilled officers in government facilities



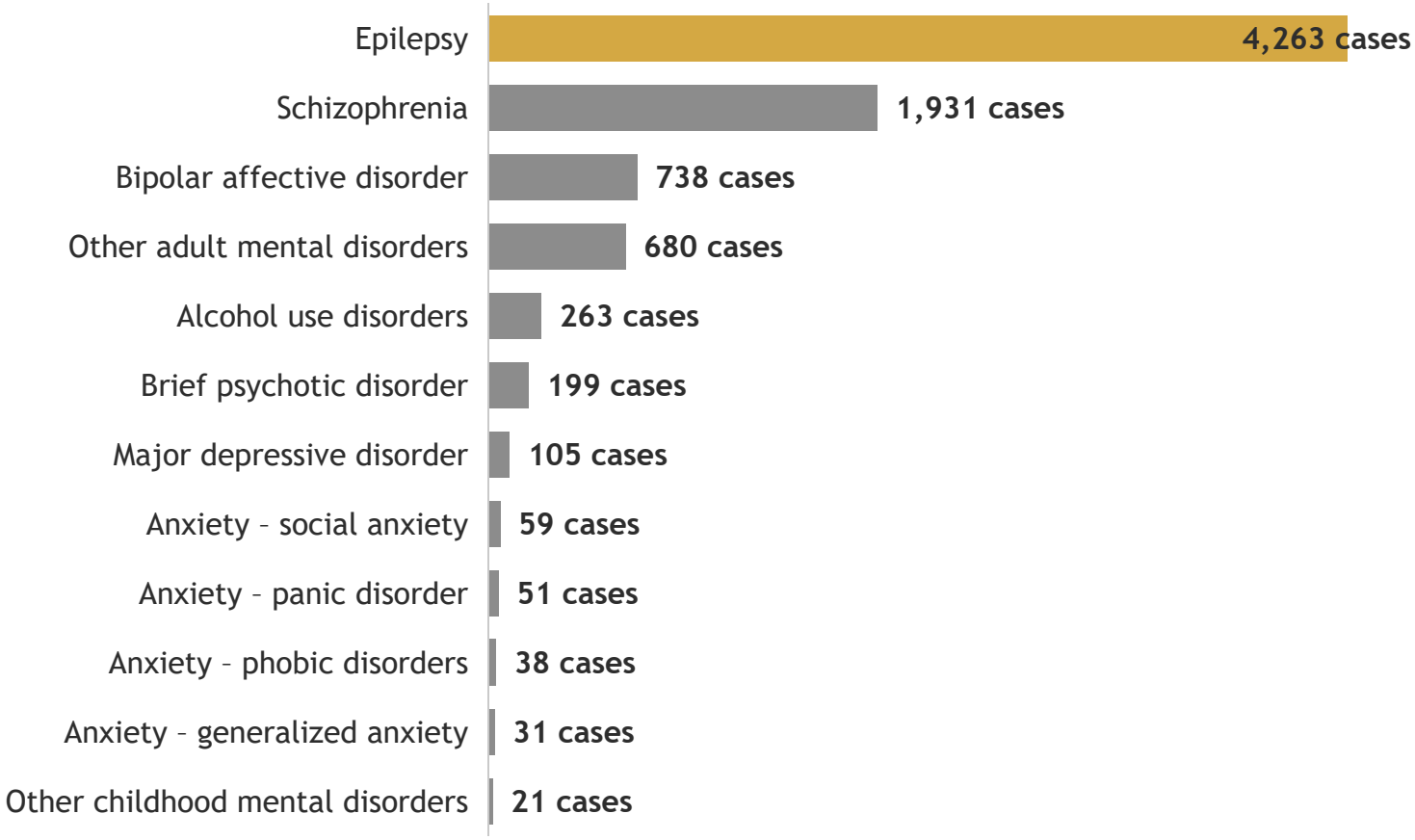
Epilepsy leads reported conditions

Epilepsy accounts for 4,263 of the 8,379 mental conditions reported this year — 51% of the caseload. It is treated only at the HC IVs and the district hospital, so patients travel for routine refills.

MENTAL CONDITIONS REPORTED

Epilepsy and schizophrenia are 74% of reported conditions

Reported mental conditions, FY 2025/26



What the data shows

Epilepsy is 51% of the caseload (4,263 cases) and schizophrenia 23% (1,931).

Epilepsy is treated only at HC IVs and the district hospital.

Anxiety disorders total 179 cases — likely under-reported at lower levels.

Source: DHIS2, September 2026. Total reported cases 8,379.

NEUROLOGICAL DISORDERS REPORTED

CP and PLMD are a third of neurological cases reported

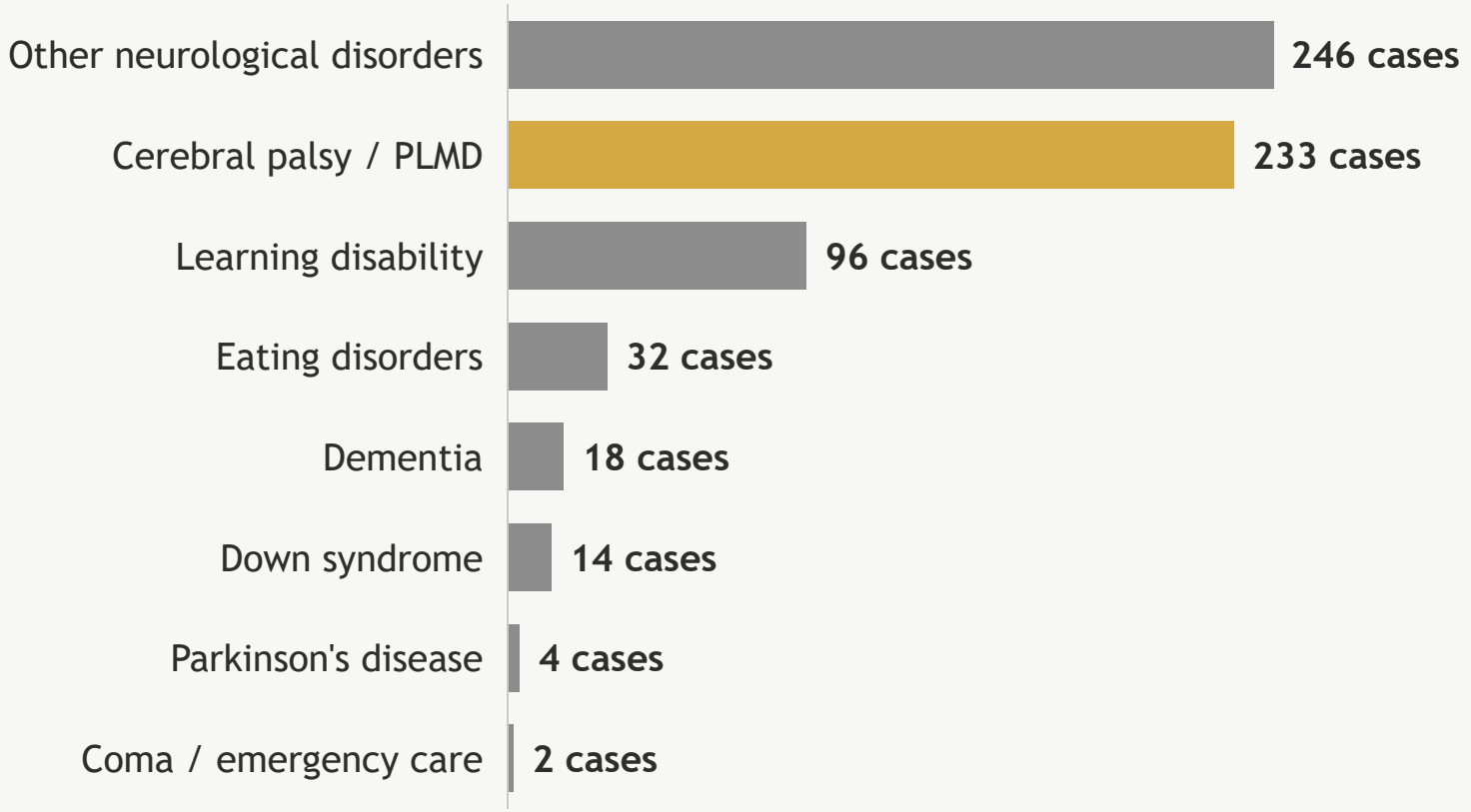
Reported neurological disorders, FY 2025/26

645

neurological cases reported across the district this year

Cerebral palsy and periodic limb movement disorder together account for 233 cases, followed by disorders recorded as “other” — a sign that classification at facility level needs strengthening.

Persons in coma or emergency care were negligible at 2 cases.



Source: DHIS2, September 2026.

WHAT THE NUMBERS DO NOT SHOW

Mental health is real in Mityana, but it is not yet prioritised



Real, but overlooked

Mental illness is present in every sub-county, yet it is rarely prioritised in facility planning, staffing or budgets.



Children left unattended

Parents occupied with daily survival give little attention to children and teenagers, who carry the illness unnoticed.



Violence follows the neglect

Untreated illness and neglect have fed gender-based violence, and the effects spread through whole households.

Thank you

Evey number means a Life

Every Life means a person

Every Person means a story

Let's understand atleast a story to save a life.